

CLASS LOCATION

All classes will be held at the office of:

Catherine A. Henderson, Ph.D., A.R.N.P.
1300 114th Ave. S.E., Suite 210
Bellevue, WA 98004
(Bellefield Office Park-Mercer Canal Building)
(425) 454-3136

PROGRAM HOURS AND TUITION

Tuition for the Human Development I & II Didactic course and Infant Observation course is based on \$25 per hour. Classes are 90 minutes. Each quarter will require 15 classes of 90 minutes, or 22.5 course hours. CEU's offered.

Total tuition for the Human Development I and II program is \$2,250. Tuition may be paid quarterly, with \$562.50 coming due each quarter.

Family Services Certificate Program
11911 NE 1st Street, Suite 300
Bellevue, WA 98005
(425) 450-0332
Fax (866) 292-7250

ABOUT FAMILY SERVICES

Since 1892, Family Services has played a vital role in the Seattle community by helping people achieve self-sufficiency and independence.

Today as a leading direct service provider in King County, Family Services offers a range of programs designed to strengthen families and the community:

- Homeless & Family Stabilization
- Mental Health Counseling
- Community Violence Prevention

MISSION STATEMENT

Family Services builds emotionally healthy, self-sufficient families and a non-violent community in which they can thrive.



Family Services Administrative Offices
615 Second Avenue, #150
Seattle, WA 98104
(206) 826-3050
www.family-services.org



Certificate Program in Human Development I & II



*The First 18 Months
of Life*

Human Development I & II: *The First 18 Months of Life*

DIDACTIC COURSE

There will be 12 didactic classes of 1 1/2 hours each to be held once monthly. Students will be expected to discuss the readings assigned for each class. Copies of all readings will be provided to students.

This Program satisfies the University of Washington Infant mental health Certificate requirements.

OBSERVATION LAB AND CONSULT DISCUSSIONS

There will also be 48 Observation Lab and Consult Discussions of 1 1/2 hours each. Students will be expected to observe a mother and infant from birth through the infant's first birthday for a 45-50 minutes in home lab period weekly. **The student will choose the mother and infant they observe.**

Students will be expected to write a weekly narrative of their observations. In addition, students must complete the Massie-Campbell Scale of Mother-Infant Attachment Indicators During Stress after each observation. Students are asked to take a "specific moment" when observing their mother and infant; then, using the Scale, concentrate on two specific interactive behaviors – gaze and vocalization. Students are asked to note any changes in the gaze and vocalization as they observe weekly. It is recommended that students be aware of their counter-transference feelings as they view these "specific moments".

Students must also be prepared to discuss both their weekly infant observations and

the completed Massie-Campbell Scale at the weekly infant observation consult.

A final paper incorporating the student's understanding of all their infant observations and use of the Massie-Campbell Scale will be due two weeks prior to the student's last day of class and will be discussed by the student during one of the last two classes.

COURSE OBJECTIVES

Participants in the human development class will be able to identify secure and insecure attachment in mothers and infants.

Participants will be able to identify the components of reflective thinking in their observed mothers and note how this capacity in the mother enhances intentionality in the infant.

CERTIFICATE COMPLETION REQUIREMENTS

If a student participates satisfactorily in four continuous quarters of Human Development I and II and/or Human development III and IV they will receive a certificate of successful completion for the course. The Didactic Course and Observation Lab must be taken simultaneously. The student must not miss more than two classes in any quarter. More than two absences per quarter will result in unsuccessful completion of the course. Students are expected to attend classes for four continuous quarters.

FACULTY

- Catherine A. Henderson, Ph.D., A.R.N.P. is an Advanced Registered Nurse Practitioner with a Ph.D. in Clinical Psychology. She is

a Training and Supervising adult and child psychoanalyst and is in private practice in Bellevue, Washington. She is on the faculty of the Seattle Psychoanalytic Society and Institute, teaching in the core curriculum. She is a clinical supervisor in the Center for Infant Mental Health at the University of Washington.

- Robert J. Campbell, M.D. is a child, adolescent, and adult psychoanalyst in private practice in Bellevue, Washington. He is on the faculty of the Seattle Psychoanalytic Society and Institute, teaching in the child and adult training programs.

APPLICATION PROCESS

Applicants must complete a Family Services application, have an individual interview, and a criminal background check to determine eligibility for enrollment. There is a \$50 processing fee due at the time of application. In the case that enrollment exceeds space available, the processing fee will be refunded.

REQUEST INFORMATION

Call Family Services at (425) 450-0332 or e-mail your request to kswanson@family-services.org. On receipt of your completed application an interview and criminal background check will determine eligibility to enroll in these classes. Call Family Services for dates of next available class.

